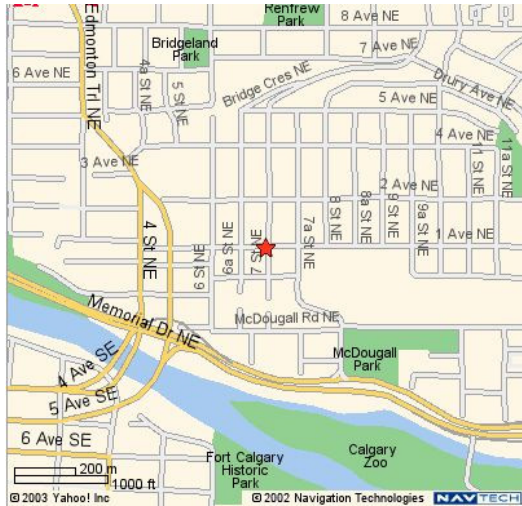


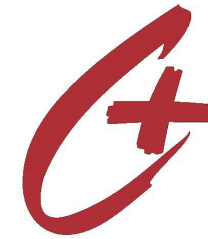
We are located at 201, 803 1st Avenue NE



- Our building is directly across the street from 7- Eleven.
- Parking is available behind the building or in designated zones on street.



Cardiology Plus (Calgary) Inc.



201, 803 1st Avenue NE

Calgary, Alberta

T2E 7C5

Tel: 403-571-8640

Fax: 403-571-8658

www.cardiologyconsultants.ca

Echocardiogram Patient Information

Appointment
Date: _____
Time: _____

Please call 403-571-8640 if you need to change your appointment.

Do I need to do anything for the test?

The simple answer is no. You may eat and drink prior to the test. You may take your usual medicines before the test. Please do not wear lotion, oil or powder on your chest area.

What is an Echocardiogram?

An Echocardiogram is also known as a cardiac ECHO or simply an ECHO. An echo uses standard ultrasound techniques to display images of the heart. It demonstrates the pumping action, evaluates the function of the heart valves and detects anatomical abnormalities in the heart.

Echocardiograms are performed by cardiac sonographers ("ECHO Tech") and then analyzed by a cardiologist trained to read this type of study.

What will happen during the test?

- The cardiac sonographer ("ECHO tech") will meet you in the waiting room and escort you to the examination room.
- You will be asked to put on a gown with the opening to the front.
- The ECHO tech will have you lay down on the examination bed.
- Sticky patches called electrodes are placed on your chest to record your heartbeat.
- A colorless gel is applied to the chest and a transducer is used for imaging.
- During the test you may experience pressure from the probe.
- You may be asked to move from your back to your side. You may also be asked to breathe slowly or hold your breath. This helps obtain higher quality pictures.
- Following the procedure you will be free to go.
- A complete report will be forwarded to your doctor within 5 business days.

Important Points:

- A Holter monitor cannot be worn during this test.
- Children are not allowed in the ECHO lab and they cannot be left unattended in the waiting room.
- Bring your provincial health plan card.
- Check in 10 minutes before your test.
- Cell phones should be turned off in the ECHO lab.
- Perfume, cologne, after-shave or heavily scented lotions should be used minimally or avoided as some individuals may be sensitive or have allergies to fragrances.

Privacy

The personal health information that you provide to our clinic is collected, used, and disclosed in accordance with the provisions of the Health Information Act. It is also used to provide diagnostic, treatment and care services to you and to bill your provincial health plan for services provided. For more information please contact 403-571-8640.